

YOUNG PEOPLE'S MENTAL HEALTH STUDY

National Confidential Enquiry into Patient Outcome and Death (NCEPOD)

INPATIENT MENTAL HEALTH CARE QUESTIONNAIRE

CONFID	ENTIAL
NCEPOD number:	
Who completed this questionnaire?	
Name: Position:	Specialty
What is this study about?	How to complete the form:
This study explores the quality of health care for young people aged 11-25 with mental health conditions across the UK. Aims	Information will be collected using two methods; box cross and free text, where your opinion will be requested.
 To identify remediable factors in the quality of care provided to young people treated for mental health conditions; with specific reference to depression and anxiety, eating disorders and 	This form will be electronically scanned. Please use a black or blue pen. Please complete all questions with block capitals/clear writing that others can easily read or a bold cross inside the boxes provided e.g.
 self harm. To examine the interface between different care settings 	Were there any delays in the first assessment following arrival?
To examine the transition of care to adult services	☑ Yes ☐ No
Who should complete this questionnaire? For completion by admitting clinicians or case co-ordinators in mental health hospital settings where young people aged 11-25 with an acute or severe mental health problem are admitted and cared for.	If you make a mistake, please "black-out" the incorrect box and re-enter the correct information, e.g. Yes No Unless indicated, please mark only one box per question.
CPD accreditation:	Questions or help?
Consultants who complete NCEPOD questionnaires make a valuable contribution to the investigation of patient care. Completion of questionnaires also provides an opportunity for consultants to review their clinical management and undertake a period of personal reflection. These activities have a continuing medical and professional development value for individual consultants. Consequently, NCEPOD recommends that consultants who complete NCEPOD questionnaires keep a record of this activity which can be included as evidence of internal/self directed Continuous Professional Development in their appraisal portfolio.	A list of definitions is provided on page 2 of the questionnaire. If you have any queries about this study or this questionnaire, please contact ypmh@ncepod.org.uk Or telephone: 020 7251 9060 Thank you for taking the time to complete this questionnaire. The findings of the study will be published in late 2017.
If you (the clinician completing the questionnaire) would like email confirmation of the completion of this questionnaire for your records, please clearly	Email address:
this questionhalte for your recolus, piease clearly	

supply your email address to the right.

	DEFINITIONS
Children and young people	This includes children and young people who have not yet reached their 18th birthday, care leavers and young people in education, and young adults up to the age of 25 years. (RCGP, RCN, RCPCH in Looked after children: Knowledge, skills and competences of healthcare staff. March 2015)
% Ideal Weight	Current BMI divided by BMI on the 50th centile for age and gender multiplied by 100. (RCPsych. Junior MARSIPAN: Management of really sick patients under 18 with Anorexia Nervosa. 2015)
Care leavers	A young person who has left care. Defined by the Children (Leaving Care) Act 2000, as "someone who has been in the care of the Local Authority for a period of 13 weeks or more spanning their 16th birthday". (Children (Leaving Care Act). 2000)
Looked after children	England and Wales: A child is defined as 'looked after' if they are in the care of, or are provided with accommodation for more than 24 hours, by the local authority, as defined under the Children Act 1989. Scotland: In addition, 'looked after children' are defined in law under the Children (Scotland) Act 1995. Northern Ireland: In addition, 'looked after children' can also include children receiving respite care (RCGP, RCN, RCPCH in Looked after children: Knowledge, skills and competences of healthcare staff. March 2015)
Levels of care (adults)	Level 0/1: Normal ward care in an acute hospital Level 2: High Dependency Unit for patients requiring more detailed observation or intervention including support for a single failing organ system or post-operative care and those 'stepping down' from higher levels of care e.g. ICU Level 3: For patient requiring advanced respiratory support alone or monitoring and support for two or more organ systems. Includes all complex support for multi-organ failure e.g. Intensive Care Unit (ICS. Levels of critical care for adult patients. 2009)
Paediatric critical care unit	A discrete area within a ward or hospital where paediatric critical care is delivered.
Paediatric levels of critical care	Level 1 PCCU: A discrete area or unit where Level 1 paediatric critical care is delivered. With Paediatric Critical Care Network agreement, CPAP for bronchiolitis may be initiated or continued in a number of Level 1 Paediatric Critical Care Units. Level 2 PCCU: A discrete area or unit where Level 1 and Level 2 paediatric critical care are delivered. Other than in specialist children's hospitals, Level 2 units should be able to provide, as a minimum, acute (and chronic) non-invasive ventilation (both CPAP and BiPAP support) and care for children with tracheostomies and children on long-term ventilation, but should not be expected to deliver specialist Level 2 interventions such as ICP monitoring or acute renal replacement therapy. Within specialist children's hospitals, Level 2 units may provide some or all of these additional specialist interventions. Level 3 PCCU: A unit delivering Level 2 and Level 3 paediatric critical care (and Level 1 if required). This unit may also be called a Paediatric Intensive Care Unit (PICU). (PICS. Quality care standards for the care of critically ill children. 2015)
Transition	Vertical transfer between specialist mental health services for children and adults Please refer to: https://www.nice.org.uk/guidance/ng43 Transition from children's to adults' services for young people using health or social care. Feb 2016.



C	ODES FOR SPECIALTY	
SURGICAL SPECIALTIES		
100 = General surgery	101 = Urology	110 = Trauma & orthopadics
130 = Ophthalmology	140 = Oral surgery	145 = Oral and maxillo facial
150 = Neurosurgery	160 = Plastic surgery	surgery
170 = Cardiothoracic Surgery	171 = Paediatric surgery	180 = Accident & Emergency
190 = Anaesthetics	191 = Pain management	192 = Critical care medicine
MEDICAL SPECIALTIES		
300 = General medicine	301 = Gastroenterology	302 = Endocrinology
303 = Clinical haematology	314 = Rehabilitation	315 = Palliative medicine
320 = Cardiology	321 = Paediatric cardiology	330 = Dermatology
340 = Respiratory medicine	350 = Infectious diseases	360 = Genito-urinary medicine
361 = Nephrology	370 = Medical oncology	400 = Neurology
420 = Paediatrics	421 = Paediatric neurology	501 = Obstetrics
502 = Gynaecology	600 = General medical practice	700 = Learning disability
710 = Adult mental illness	711 = Child & adolescent psychiatry	712 = Forensic psychiatry
713 = Psychotherapy	800 = Clinical oncology	823 = Haematology
900 = Community medicine		

CODES FO	OR GRADE
01 – Consultant	02 – Staff grade/associate specialist
03 – Trainee with CCT	04 – Senior specialist trainee (ST3+ or equivalent)
05 – Junior specialist trainee (ST1&ST2 or CT equivalent)	06 – Basic grade (HO/FY1 or SHO/FY2 or equivalent)
07 - Specialist nurse (nurse consultant, nurse practitioner, clinical nurse specialist,)	08 - Senior staff nurse, enrolled nurse (EN) etc)
09 - 1st Level nurse, staff nurse (RGN)	10 - Registered mental health nurse
10 - Allied Health Professional (Physiotherapy/ Speech & language therapy/Occupational therapy)	11 - Clinical psychologist
12 - Psychotherapist (including family and systemic therapist, and expressive arts therapist)	13 - Mental health practitioner (other)
14 - Non-registered staff (HCA etc.)	



Please use the box below to provide a brief summary of this case, adding any additional comments or information you feel relevant. You should be assured that this information is confidential. Please write clearly for the benefit of case reviewers. You may also continue on the back of the form or on additional pages if need be. This can be completed either before or after completing the questionnaire.

need be. This can be completed either before or after completing the questionnaire. NCEPOD attaches great importance to this summary. Please give as much information as possible about the care of this patient.



REFERRAL CONTACT DETAILS

We are sending questionnaires to Community Mental Health Teams, Inpatient Mental Health Hospital Clinicians and Mental Health Service Teams (including mental health liaison) in the General Hospital. In order for us to identify the relevant clinicians that were responsible for this patients care we would be grateful if you could complete the following where appropriate.

Com	munity Mental He	alth Team
1a.		under the care of a community mental health rs prior to, or at the time of this hospital Yes No Unknown
1b.	If YES please give patient?	e the details of the MAIN PROVIDER of community mental health services for this
	Name of Team:	
	Name of Lead:	
	Address:	
Gen	eral Hospital	
2a.		ceive general hospital care within 3 days of ntal health inpatient care? Yes No Unknown
2b.	If YES , please gir	ve the name of the Consultant responsible for the patients care and the hospital?
	Name:	
	Address:	
Men	tal Health Service	s in the General Hospital (including mental health liaison)
3a.	Was the patient u in the general hos	Inder the care of a mental health service team Spital (including mental health liaison) team, at Ill for inpatient mental health care? Yes No Unknown
3b.	If YES, please giv	re the details of the mental health service team at the time of admission:
	Name of Team:	
	Name of Lead:	
	Address:	
	ļ	
3с.		nder the care of a liaison psychiatry team in the r to the index hospital admission?
3d.	If YES, please giv	e the details of the liaison psychiatry team at time of referral?
	Name of Team:	
	Name of Lead:	
	Address:	



Α.	DETAILS OF INPATIENT FACILIT	Υ		
4.	What is the nature of the mental health inpatient	unit to which th	ne patient was admitted	?
	General adult mental health ward	☐ Fo	orensic adult mental hea	alth ward
	Specialist adult mental health ward (please	specify)		
	General adolescent mental health ward	Fo	orensic adolescent men	tal health ward
	Specialist adolescent mental health ward (pl	lease specify)		
	Young adult mental health ward	☐ Ch	nildrens mental health u	nit
	Other (please specify)			
5.	What best describes the age range of patients ad	lmitted to the w	vard?	
	Under 18 only	16-25	18	and over
	Other (please specify)			
B.	PATIENT DETAILS			
6.	Age of patient on date of ADMISSION?			Years
7.	Gender:		Male Male	Female
8a.	What was the date of ADMISSION?			Unknown
8b.	What was the time of ADMISSION?	dd mr	¬	
ob.	What was the time of ADMISSION?	h h m r	(24 hour clock)	Unknown
9a.	On admission what was the patients:	Heig	ht cm	Unknown
		Weig	ght kgs	Unknown
		BMI		Unknown
9b.	If the patient was under 18 and had an eating disc give % ideal weight for age if available (please so on page 2.)	•		Unknown
10.	Did this patient speak English as a first language	?	Yes No	Unknown
11.	On admission did the patient meet diagnostic crit	eria for: (Answ	ers may be multiple)	
	An Eating Disorder An	Anxiety Disord	der A Depressive	Disorder
	Self-harming behavior or ideation, or signific	ant risk of self	harm	
	ϵ	3	 	 98678

12.	What was the primary purpose of the admission? (Answers may be multiple)
	Treatment of mental health disorder described above
	☐ Diagnostic assessment and formulation ☐ Safe containment from risk to others
	Assessment of non-response to previous treatment and management
	Safe containment from risk to self Active weight management programme
	Assessment of future placement requirements Trial of medication,or medication adjustment
	Other (please specify)
13.	What was the patient's legal status?
	Voluntary patient (fully competent/capacitous consent)
	Voluntary patient treated with parental consent
	Detained under relevant Mental Health Act (admitted under a treatment order)
	Detained under relevant Mental Health Act (admitted under an assessment order)
	Admitted under a Provision of a Capacity Act (please specify)
	Admitted under a Provision of a Children Act (please specify)
	Other (please specify)
14.	Was this patient part of any of the following high risk groups? (Answers may be multiple)
	☐ Looked after child or care leaver (please see definitions on P2) ☐ Learning disability
	Social care involvement for safeguarding risk? e.g. Child at risk, child in need, vulnerable adult
	☐ Substance misuse ☐ Exposure to war or migration ☐ Autistic spectrum disorder
	Offending history leading to the involvement of Youth offending team, Probation service or Criminal justice service
	Other (please specify)
C.	ROUTE OF REFERRAL
15.	Was the referral?
16.	How was the patient referred for inpatient mental health care? (Please tick only one answer)
	A primary care practitioner
	An adult community mental health team Via an inpatient mental health facility
	An officially designated place of safety Via a general hospital
	A mental health out of hours emergency duty team 7 8 9 5 7 4 3 5 4 9 8 6 9 3

PATIENT REFERRED VIA: A PRIMARY CARE PRACTITIONER ADULT COMMMUNITY MENTAL HEALTH TEAM CHILD AND ADOLESCENT MENTAL HEALTH TEAM OUT OF HOURS EMERGENCY DUTY TEAM

23a.	Was a full assessment of the patient's mental health undertaken during the period of general hospital admission?	Yes	☐ No	Unknown
22.	Did you have access to the patient's notes from the general hospital?	Yes	☐ No	Unknown
	IENT REFERRED VIA A GENERAL HOSPITAL			
Pleas	se go to question 38			
	Other (please specify)			
	Administrative delays in confirming bed availability	•	J F	
		clarity in bed	d finding p	rocess
	Lack of clarity about which clinician or team should make the r	referral		
	Delays in decision making process to psychiatric admission	rauve ueldy	o in comp	neury relettal
Z 1D.	If YES tick all that apply: (Answers may be multiple) Delays in mental health assessment process Administ	rative delay	e in comp	leting referral
	In your view were there any unnecessary delays or barriers to referral to inpatient mental health care?	Yes	☐ No	Unknown
20b.	If YES, please give details			
20a.	In your view were there additional community resources which could have been deployed to prevent admission?	Yes	☐ No	Unknown
19b.	If YES, please give details		□ '*0	
19a.	Was there evidence of alternatives to admission being actively considered by the referring team?	☐ Yes	☐ No	Unknown
18.	Were details of the treatment received and patients response to it made available on referral or admission?	☐ Yes	□ No	Unknown
17c.	If YES to 17b, was there a risk assessment or a risk management plan in place?	Yes	☐ No	Unknown
17b.	If YES, for how long?	(Months)	Unknown
17a.	Was the patient under the ongoing care of a community mental health team at the time including CMHT and CAMHS services	Yes	☐ No	Unknown

_						
23b.	If YES to 23a, what was the date of ASSESSMENT?	m	m y y	у у		Unknown
23c.	If YES to 23a, what was the time of ASSESSMENT?		(24 ho	our clock)		Unknown
23d.	If YES to 23a, were did the mental health assessment take pla	ace? (F	Please spe	cify)		
23e.	If YES to 23a, did the assessment include an adequate risk assessment?		Yes	☐ No		Unknown
23f.	If YES to 23e, was this risk assessment communicated to inpateam on referral?	atient	☐ Yes	☐ No		Unknown
24.	In your opinion was the young person treated and managed in age appropriate environment throughout their general hospital admission?		Yes	☐ No		Unknown
25a.	Was there evidence of alternatives to admission being actively considered by the referring team?	у	Yes	☐ No		Unknown
25b.	If YES, please give details					
26.	In your view were there additional community resources which could have been deployed to prevent admission?	1	Yes	☐ No		Unknown
27a.	In your view were there any unnecessary delays or barriers to referral or transfer to mental health hospital from the general hospital?		Yes	☐ No		Unknown
27b.	If YES, please give details					
Plea	se go to question 38					
	IENT REFERRED VIA A PLACE OF SAFETY					
28.	Which mental health team assumed responsibility for the asse patient in the designated place of safety or other provision?	essme	nt and mar	nagement	of th	е
	Community mental health team Urgent care tea	am	Gene	eral hospit	al liai	son team
	Mental health hospital team Unknown					,
	Ad hoc arrangement (please specify)					
29a.	Was there an adequate risk assessment undertaken while the patient was in a place of safety?		Yes	☐ No		Unknown
29b.	If YES, was this communicated on referral?		Yes	☐ No		Unknown
	9		4 957	435 49	872	7

	In your view was the young person treated and managed in an age appropriate environment throughout? Was there evidence of alternatives to admission being actively considered by the referring team?		Yes Yes	☐ No	_	Unknown Unknown
31b.	If YES, please give details					
32a.	In your view were there additional community resources which could have been deployed to prevent inpatient admission and facilitate community discharge?		Yes	☐ No		Unknown
32b.	If YES, please give details					
33a.	In your view were there any unnecessary delays or barriers to referral or transfer to the mental health hospital?		Yes	☐ No		Unknown
33b.	If YES, please give details					
PATI	se go to question 38 ENT TRANSFERRED FROM ANOTHER INPATIENT MENTAL I	HEALTH	I FACII	LITY		
34a.	Please specify the name of the mental health facility from which the patient was transferred:					
34b.	Please specify the name of Psychiatrist or Lead Case Worker?					
35a.	What was the original date of date of admission for mental health inpatient care?	m m	уу	y y		Unknown
35b.	What was the reason for transfer?					
	Requires more or less secure placement (please specify)		High	to Low [Lo	ow to High
	Requires more or less specialist placement (please specific	y)	High	to Low [L	ow to High
	Move nearer to home and community of origin					
	Move due to age or legal treatment thresholds					
	Other (please specify)					
36.	In your view was the young person treated and managed in an a appropriate environment prior to transfer?	age 🔲	Yes	☐ No		Unknown



						ļ
37a.	In your view were there additional community resources which could have been deployed to prevent the need for transfer and facilitate community discharge?		Yes	☐ No		Unknown
37b.	In your view were there any unnecessary delays or barriers to referral or transfer to psychiatric hospital?		Yes	☐ No		Unknown
37c.	If YES, please give details below?					
<u> </u>	MENTAL HEALTH ACT ASSESSMENT	_				
38.	Did the referral for admission follow a Mental Health Act Assessment?		Yes	☐ No		Unknown
If NC	go to SECTION E.					
IF Y	ES:					
39a.	Who originated the request for a Mental Health Act Assessment? ((Please	see	codes or	page	3.)
	Grade Unknown		S	pecialty		Unknown
39b.	Where did the Mental Health Act Assessment take place?					
	Patients home Police station			Ur	know	n
	Patients home Police station Other community setting (please specify)			Ur	know	n
		afety			know	
	Other community setting (please specify)	afety				
39c.	Other community setting (please specify) Hospital emergency department Hospital place of sa	afety	Yes		spital	
	Other community setting (please specify) Hospital emergency department Hospital place of sa Other hospital setting (please specify) Was there any unnecessary delay in organising the mental health	afety	Yes	П но	spital	ward
	Other community setting (please specify) Hospital emergency department Hospital place of sa Other hospital setting (please specify) Was there any unnecessary delay in organising the mental health act assessment?	afety	Yes	П но	spital	ward
39d.	Other community setting (please specify) Hospital emergency department Hospital place of sa Other hospital setting (please specify) Was there any unnecessary delay in organising the mental health act assessment?	afety	Yes	П но	spital	ward
39d.	Other community setting (please specify) Hospital emergency department Hospital place of sate Other hospital setting (please specify) Was there any unnecessary delay in organising the mental health act assessment? If YES, please specify			П но	ospital	ward Unknown
39d.	Other community setting (please specify) Hospital emergency department Hospital place of satisfied Other hospital setting (please specify) Was there any unnecessary delay in organising the mental health act assessment? If YES, please specify What was the outcome of the assessment?		Use o	☐ Ho	espital	ward Unknown
39d.	☐ Other community setting (please specify) ☐ Hospital emergency department ☐ Hospital place of sa ☐ Other hospital setting (please specify) Was there any unnecessary delay in organising the mental health act assessment? If YES, please specify What was the outcome of the assessment? ☐ MHA Assessment Order ☐ MHA Treatment Order		Use o	☐ Ho	espital	ward Unknown

_	_
39f.	Was there delay in identifying a designated hospital bed? Yes No Unknown
39g.	If YES, how long was the delay? Days Hours Unknown
39h.	If YES to 39f, (delay in assessment) where was the patient being cared for during this time?
	☐ Home ☐ Emergency Department ☐ Hospital ward ☐ Holding facility ☐ Unknown
	Other (please specify)
39i.	If YES to 39f, was the patient transferred to an interim facility? Yes No Unknown
39j.	If YES, please specify
-	
39k.	If YES to 39i, for how long was patient there before admission? Days Hours Unknown
E.	TRANSFER DETAILS TO THE INPATIENT MENTAL HEALTH
CA	RE FACILITY
40.	What is the estimated distance between the inpatient facility and patient's usual place of residence?
	Less than 10 miles Between 10 and 25 miles Between 25 and 50 miles
	Between 50 and 100 miles More than 100 miles Unknown
41.	How was the patient transported?
	☐ Hospital arranged transport ☐ Patient made their own way ☐ Ambulance
	Patient/Family arranged transport Private car Unknown
	Secure transport e.g. prison or police
42a.	Were there any problems encountered in making the practical arrangements for the transfer of the patient? Yes No Unknown
12h	If YES, please tick which apply? (Answers may be multiple)
72 0.	Lack of clarity about who is responsible for making transport arrangements
	☐ Transport issues ☐ Escort issues ☐ Resource issues
	Medication Treatment Issues (please specify)
	Medication Treatment Issues (please specify)
	Other (please specify)
43.	Approximately how long did the transfer journey take? Hours Unknown



4. If YES, who	accompanied the patient? (Answers can be multiple	e)	
Parent	/Guardian/Relative/Partner	e staff 🔲 Fri	end Police
Registe	ered mental health nurse Other nurse or ca	rer So	cial worker
Membe	er of college/school staff Unaccompanied	Un	known
Other (please specify)		
patient's trea	has the distance from home had any impact on the atment, care or wellbeing? on has the distance from home had any impact on the	Yes [No Unknow
		Positive	Negative
Separation from	family circumstance		
Separation from	adverse social factors		
Separation from	professional contacts		
Reduced risk of	absconsion		
Lack of contact	with family members		
Lack of contact	with friends		
Difficulty in disc	harge care planning		
Difficulties in ma	aintaining professional continuity of care		
Engagement wi	th the family in treatment		
Difficulty in mak	ing arrangements		
Other (please specify)			

F. /	ADMISSION DETAILS						
46.	Where was the patient assessed or	admission?					
	In patient reception area	In ov	wn room on ward		In clinic ro	om o	n ward
	In designated assessment are	a 🔲 Othe	er (please specify)				
47.	Who was present witih the patient of	uring this asses	ssment? (answers	may be n	nultiple)		
	Parent/Guardian/Relative/Part	ner	oulance service sta	ff	Friend		Police
	Registered mental health nurs	e Othe	er nurse or carer		Social wo	rker	
	Member of college/school state	f 🔲 Una	ccompanied		Unknown		
	Other (please specify)						
48a.	Were there any delays in ward adm	ssion?	[Yes	☐ No		Unknown
48b.	If YES, what was the reason for this	? (Please tick a	ll that apply)				
	Ward not expecting patient		Lack of nur	sing staff	available		
	Lack of medical staff on site		Disturbanc	e on ward	d		
	Other (please specify)						
49.	What was the grade and specialty on Page 3)	f the admitting	clinician? (Please ι	use grade	and spec	ialty c	odes
	Gra	ide 🔲 Unki	nown	S	pecialty		Jnknown
50.	What was the date and time of initi	al consultant rev	view following ward	d admissi	on?		
	d d m m y y y y	Unknown	h h m m	(24 hou	r clock)		Unknown
51.	Were co-morbid physical health pro admission as part of the patient's in		ited on	Yes	☐ No	<u></u>	Jnknown
52.	Were details of all existing medicati as part of the patient's initial care pl		on admission	Yes	☐ No		Unknown
53.	Were details and results of all investigate assessments documented clear admission?			Yes	☐ No		Jnknown
54.	Did this patient have ALL basic phymultiple)	siological variab	les recorded on wa	ard admis	sion? (An	swers	may be
	Heart rate Blood	pressure	Oxygen sat	turation	Tem	perat	ure
	Respiratory rate Other	(please specify)					
				11.10011		п пп	TIII



	D: 1 1 2 2 2 2 2 2 2 2			
	Did this patient require an ECG?	∐ Yes	☐ No	Unknown
55b.	If YES, was it available on that day?	Yes	☐ No	Unknown
G.	PREVIOUS MENTAL HEALTH ADMISSIONS			
56a.	Has the patient had previous mental health interventions in the community for the problems leading to the current episode of inpatient care?	Yes	☐ No	Unknown
If NO	, please go to section H			
If YE				
	Start: Unknown Finish:			Unknown
		m m y y	уу	
56c.	What elements did the intervention comprise? (Please specify deta	ails for each	element	provided?)
	☐ Individual talking treatment ☐ Family in	ntervention	group inte	rvention
	Nutritional Intervention e.g. weight restoration Pharma	cotherapy		
	Other (please specify)			
56d.	Was there a named case coordinator over the most recent intervention period?	Yes	☐ No	Unknown
56e.	Was the patient involved in a care planning and review process?	Yes	☐ No	Unknown
56f.	Was the patient's family/carer involved in a care planning and review process?	☐ Yes	☐ No	Unknown
56g.	Did the care planning and review involve other agencies working with the patient?	Yes	☐ No	Unknown
56h.	Was there a multi-agency management plan?	Yes	☐ No	Unknown
57.	Did the patient hold details of?			
	Their management or recovery plan	Yes	☐ No	Unknown
	Their risk management plan	Yes	☐ No	Unknown
	Their crisis plan	Yes	☐ No	Unknown
58a.	In your view was the intervention offered evidence based?	Yes	☐ No	Unknown
58b.	If NO to 58a, is there any reason documented to explain why not?	Yes	☐ No	Unknown



58c.	If NO to 58a, briefly describe the variation
59a.	Was treatment ongoing at the time of the current admission?
59b.	If YES, in your view what factors led to admission? (answers may be multiple)
	☐ Treatment plan inadequate ☐ Patient disengagement from treatment plan
	Patient non-compliance with treatment plan Change in risk status
	Patient non response to evidence based treatment plan
	Family/carer non-compliance with treatment plan
	Change in social or family circumstance Precipitating event (e.g. trauma, loss)
	Substance or alcohol misuse
	Other (please specify)
59c.	Were any of the factors you have listed avoidable? Yes No Unknown
59d.	If YES, please give details
60a.	In your opinion, did lack of community resource contribute to admission?
60b.	admission?
oub.	II 1 LO, please give details
Ц	INDATIENT TREATMENT IN CURRENT ERICORE
п.	INPATIENT TREATMENT IN CURRENT EPISODE
61a.	During this inpatient admission was the patient in agreement with the treatment and management plan provided? Yes No Unknown
61b.	If YES, was written consent to the treatment plan obtained? Yes No Unknown
61c.	If NO to 61b, what in your view was the primary reason (s) for the patients lack of consent to the treatment plan proposed?
	Patient has competency/capacity but believes proposed treatment plan inadequate
	Patient has competency/capacity but believes proposed treatment plan involves unnecessary deprivation of liberty
	Patient has competency/capacity but prefers an alternative treatment plan
	Patient has competency/capacity but is uncooperative
	16 8 9 5 7 4 3 5 4 9 9 0 1 0

61c.	Continued	
	Patient lacks competency/capacity because	e of mental disorder
	Patient lacks competency/capacity for reason other than mental disorder (please specify)	
	Other (please specify)	
61d.	If NO to 61b, what legal framework was in place	to permit treatment to proceed?
	Mental Health Act order (please specify)	
	Capacity Act (please specify)	
	Children Act - (please specify)	
62a.	Were clear patient centred goals established for	this admission?
62h	If YES, please list them below	NA - No general hospital admission
		
63a.	During this admission were any standardised assused during the inpatient intervention?	sessment tools Yes No Unknown
63b.	If YES to 63a, what assessment tools were used	? (Please tick all that apply)
	Health of the Nation Outcome Scales	Health of the Nation Outcome Scales for Children and Adolescents
	Global Assessment of Functioning	Children's Global Assessment Scale
	Depression Inventory (please specify)	
	Anxiety Inventory (please specify)	
	Eating Disorder Inventory (please specify)	
	Other (please specify)	
64.	During this admission was the patient subject to process of care coordination?	a formal Yes No Unknown

65. What treatment was provided for the young person during the index admission? Please specify details for each element provided. (Answers may be multiple)

Treatment		Further details	Was this treatment evidence based?
a) Therapeutic Milieu	Yes No	Please describe engagement including number of sessions:	Yes No
c) Pharmaco- therapy	☐ Yes ☐ No	Please describe indication, psychotropic medication used and dosage following titration:	☐ Yes ☐ No
a) Individual talking treatment (including CBT)	☐ Yes ☐ No	Please describe engagement including number of sessions:	☐ Yes ☐ No
d) Group therapy intervention	Yes No	Please describe engagement including number of sessions:	Yes No
e) Family therapy	Yes No	Please describe engagement including number of sessions:	Yes No
g) Nutritional intervention	☐ Yes ☐ No	Please describe:	☐ Yes ☐ No
e) Other (pleas	se specify)	Please describe:	Yes No

66a.	In your opinion, were there a basic day to day care during		elivery of	Yes	☐ No		Unknown
66b.	If YES, what were these? (Pl	ease tick all that apply)?					
	Refusal to take fluids/r	nutrition		Yes	☐ No		Unknown
	Refusal to take medica	ation		Yes	☐ No		Unknown
	Refusal to allow routing taking pulse and blood	e non invasive procedures pressure)	(e.g.	Yes	☐ No		Unknown
	Abscondng			Yes	☐ No		Unknown
	Verbal aggression tow	ards staff, patients or family	//carers	Yes	☐ No		Unknown
	Physical aggression to	wards staff, patients or fam	nily/carers	Yes	☐ No		Unknown
	Other (please specify)						
If the	e patient was NOT verbally o	or physically aggressive p	lease go to	70a			
67.	If the patient was VERBALLY all that apply)	OR PHYSICALLY AGGRE	ESSIVE, ho	w was this r	managed?	(Plea	ase tick
	De-escalation techniqu	es (calming, distraction)	Restr	iction			
	Restraint (Manual)		Restr	aint (Mecha	nical)		
	Tranquillisation		Seclu	sion/Isolatio	on		
	Other (please specify)						
68.	Was there collaboration and mental health team in the ma		ny other	Yes	☐ No		Unknown
69.	Was there collaboration and sought in management of ag		l carers	☐ Yes	☐ No		Unknown
70a.	Were associated or additional problems encountered during intervention?			Yes	☐ No		Unknown
70b.	If YES to 70a, what were the	se problems, please specif	y below				
70c.	If YES to 70a, how were thes	se problems addressed?					
	Medical staff on treating	g team	☐ Visitir	ng General I	Practitione	er	
	Visiting medical or surg	ical specialist	Trans	fer to Gene	ral Hospit	al or e	equivalent
	Referral for outpatient of	consultation by medical or s	surgical spe	cialist			

70d.	Were any difficulties or delays documented in obtaining physical health interventions to address these problems? Yes No Unkno	wn
70e	If YES to 70d, please briefly describe	
70f.	Was the physical health assessment, intervention and advice clearly communicated and documented for the mental health team? Yes No Unkno	wn
I. C	OUTCOME	
71a.	What was the date of discharge, death or transfer?	wn
71b.	What was the primary diagnosis on discharge death or transfer (ICD Axis 1) ICD Axis 1: Unknown	wn
	Other (please specify)	
71c.	Discharge destination:	
	Discharged home (Please go to Section J)	
	Discharged to residential/care home (Please go to Section J)	
	Discharged to another community facility (please specify and go to Section J)	
	Transferred to another mental health unit (children/young people) (Please go to Section K)	
	Transferred to another mental health unit (adult) (Please go to Section K)	
	Transferred to general hospital facility (Please go to Section K)	
	Transferred to general hospital facility (Please go to Section K)	
	Died (Please go to Section L)	
J. I	DISCHARGE PLAN	
Pleas	e only answer this section if the patient was discharged following this admission?	_
72a.	Was a formalised process of discharge care planning used during this inpatient intervention? Yes No Unkno	wn
72b.	If YES, what was the date of the first discharge care planning meeting? Unknown	wn
73a.	Were there any difficulties in identifying the correct community mental health team to involve in discharge care planning? Yes No Unkno	wn

					J
73b.	If YES to 73a, please specify?				
	☐ Identification of colleague ☐ Team challenges		Pare	ent factors	3
	Parents moved Social services		Trar	nstion	
	Patient approaching adulthood Key team members	not present			
	Geographical variation				
74a.	Were there significant difficulties in identifying a community care coordinator or responsible clinician to participate in discharge care planning?	Yes	No	Unk	nown
74b.	If YES, please give details below				
75a.	Did a community social care team separate from the community mental health team participate in discharge planning?	Yes	No	Unk	nown
75b.	If YES, what sort of social work team was needed?				
	Adult Mental Health Vulnerable Adults / A	Adult	Safe	eguarding	
	Learning Disabilities Children and Familie	es			
	Other (please specify)				
76.	Other (please specify) Were there any difficulties in identifying the correct community social care team to involve in discharge care planning?	Yes	No	☐ Unk	nown
76. 77.	Were there any difficulties in identifying the correct community	Yes Yes	No No		nown
77.	Were there any difficulties in identifying the correct community social care team to involve in discharge care planning? Were there any difficulties in identifying a social worker or social			Unk	
77. 78a.	Were there any difficulties in identifying the correct community social care team to involve in discharge care planning? Were there any difficulties in identifying a social worker or social work manager to participate in the discharge care planning? Were other organisations invited to participate in the discharge	Yes	No	Unk	nown
77. 78a.	Were there any difficulties in identifying the correct community social care team to involve in discharge care planning? Were there any difficulties in identifying a social worker or social work manager to participate in the discharge care planning? Were other organisations invited to participate in the discharge care planning?	Yes	No	Unk	nown
77. 78a. 78b.	Were there any difficulties in identifying the correct community social care team to involve in discharge care planning? Were there any difficulties in identifying a social worker or social work manager to participate in the discharge care planning? Were other organisations invited to participate in the discharge care planning?	Yes	No	Unk	nown
77. 78a. 78b. 78c.	Were there any difficulties in identifying the correct community social care team to involve in discharge care planning? Were there any difficulties in identifying a social worker or social work manager to participate in the discharge care planning? Were other organisations invited to participate in the discharge care planning? If YES to 78a, please specify	Yes Yes	No No	Unk Unk	nown

79c.	If YES to 79b, how did carers, nearest relatives, or those with parental responsibility contribute to the discharge planning process? (Answers may be multiple)						
	Attended in person	Attended by telephone link	Skype or video-conference				
	Written reports	Other (please specify)					
80a.	Were patient advocates invitate meetings?	ted to participate in care planning	Yes No Unknown				
80b.	If YES to 80a, did they atten	d care planning meetings?	Yes No Unknown				
80c.	If patient participation was le	ess than complete, please outline reaso	ons below				
81.	Was there a clear written dis	charge plan for the patient?	Yes No Unknown				
82.	Was the patient and (where copied into this discharge pla	appropriate) their family and/or carer an?	Yes No Unknown				
K.	PATIENT TRANSFE	RRED TO ANOTHER HO	SPITAL				
Pleas	se only answer this section	if the paient was transferred?					
83.	What is the primary reason f	or transfer to another hospital?					
	Requires more or less	secure placement (please specify)	☐ High to Low ☐ Low to High				
	Requires more or less	specialist placement (please specify)	☐ High to Low ☐ Low to High				
	Move nearer to home a	and community of origin					
	Move due to age or leg	al treatment thresholds					
	Requires treatment for physical illness (please						
	Requires treatment for diagnosed physical illne	the state of the s					
	Other (please specify)						
84.	What is the estimated distan	ce between the destination hospital ar	nd the patient's home?				
			penierine di livilia i				
	Less than 10 miles	Between 10 and 25	Between 25 and 50 Miles				

L.	PATIENT DIED DURING THE ADMISSION	
Plea	se only answer this section if the paient died during this admission?	
85.	If the patient died during this admission what the most likely cause?	
	Physical illness unrelated to mental health condition	Both
	Physical illness secondary or related to mental health condition	Unknown
86.	If a PHYSICAL ILLNESS SECONDARY TO MENTAL HEALTH CONDITION wa	as this:
	Self Poisoning Physically compromised low weight	Physical self harm
	Other (please specify)	
87.	Was this case discussed at a multidisciplinary meeting? Yes	☐ No ☐ Unknown

THANK YOU FOR TAKING THE TIME TO COMPLETE THIS QUESTIONNAIRE

Funding for this study was provided by The Healthcare Quality Improvement Partnership (HQIP) as part of The Clinical Outcome Review Programme into Child Health.

NCEPOD Ground Floor, Abbey House 74-76 St John Street London EC1M 4DZ



