

Audit of the NCEPOD "Treat as One" Recommendations on an Acute Admissions Ward

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Background

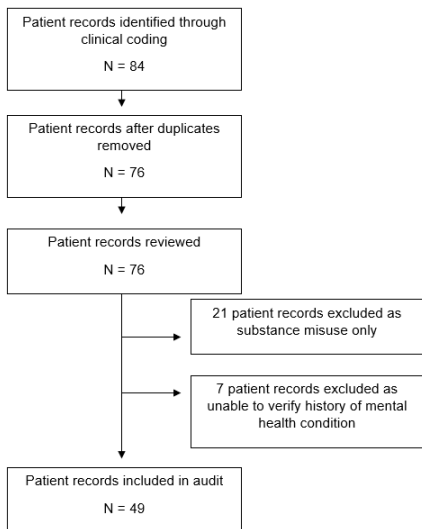
10-20 years of potential life lost in severe mental illness³

Excess deaths attributable to physical illnesses in over three quarters of cases⁴

Cardiovascular disease is the major cause of death in persons with severe mental illness⁵

Methods

Population = patients admitted to the Acute Admissions Ward at St Thomas' Hospital, London with co-existing mental health conditions in January 2018



Data extracted from hospital records onto Treat As One Audit Tool

Key Results

Recognising co-existing mental health conditions

Was the mental health condition documented on the ED clerking?

60%

Was the patient admitted to hospital with a list of medications for their physical health condition (where applicable)?

74%

Was the mental health condition documented on the medical admission clerking?

71%

Was the patient admitted to hospital with a list of medication for their mental health condition (where applicable)?

63%

Was the mental health condition noted on the discharge summary?

77%

Recognising smoking and alcohol misuse

Supporting smoking cessation

Tobacco history

Unknown	Never smoked	Ex-smoker	Current smoker
23 47%	11 (22%)	4 (8%)	11 (22%)

Cessation support offered?

Yes	No	N/A
1	8	2

Alcohol history

Unknown	Misuse	No misuse
31 63%	10 (20%)	8 (16%)

- Coexisting mental health problems are not recognised by emergency department and medical doctors in over **one-third** of patients
- Prescribed medications for mental health conditions are potentially not recognised by medical doctors when a drug history is taken in over **one-third** of patients

- In patients with co-existing mental health problems, just over **half** have a documented smoking status, and only **one-third** have a documented alcohol history
- Almost **one-quarter** of patients were known to be current smokers, but only **1** patient was referred for smoking cessation support

Next steps

"I need to ask you the following questions because we know that these things impact on your physical health. Do you have, or have you had, any mental health problems? Do you smoke or drink alcohol?"

I thought you discussed smoking cessation?



I thought you did.



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3. World Health Organisation (2015). Meeting Report on Excess Mortality in Persons with Severe Mental Disorders. Available at: http://www.who.int/mental_health/evidence/excess_mortality_meeting_report.pdf [Accessed May 3, 2018].

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