

## CCYPS Preparing for Adulthood/Transition Framework

### 13 years +

YP has one of the following checked on Community Assessment:  
EHCP, SEND, LD, PD, CIN, LTC or has Life Limiting Illness.

**(If the YP has an LD signpost to Annual Health Check Information available on website)**

<https://www.nottinghamshirehealthcare.nhs.uk/prepforadulthood>

(14-18yrs – All YP on caseload get Tier 1 information at any point they are referred into service.  
(See Universal Letter Process)

Yes

No

Check Box on Community Assessment “In Transition to Adult Services” (XaKBly)

Send discharge information to YP and relevant professionals. Include information about who to contact in the future if further support is needed.



14 years

- Annual assessment until discharge back to G.P or adult equivalent service.
- Discussions about “Transition” in external processes such as EHCP and LAC need to be recorded.

15 years

- Consider if the YP has capacity to make specific healthcare decisions, the MCA (2005) will need to be followed from 16 yrs.
- Consider a CHC checklist.

16 years

- Complete referrals to Adult equivalent services as soon as possible.

17 years

- Tier 2 information given 6-8 months prior to transfer to adult services.
- Share Transfer Plan with YP, family and other relevant agencies.

Any delays/gaps identified in transfer to adult services escalate to Preparing for Adulthood Lead

Add to Transition Exception Register

Discharge  
Share information

Contact Preparing for Adulthood Health Lead if there is any complexity or sign posting needed through the transition process at any point.

18+ years

- Tier 2 information given 6-8 months prior to transition to adult services.
- Share Transfer Plan with YP, family and other relevant agencies. Post 18.
- All relevant referrals have been made for services discharging Post 18.
- Share Transfer Plan with YP, family and other relevant agencies.
- **Monitor Exception Register for risks and report/escalate as appropriate.**

Tier 1 information – General information on changes accessing universal health services 16yrs +

Tier 2 information – Transfer specific plan. Adult contacts for services referred to etc.

Discharge  
Share information